



HEALTH, SAFETY & WELLBEING BULLETIN

WINTER 2018



WELCOME

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INTRODUCTION

Welcome to the new edition of the Health, Safety & Wellbeing Bulletin.

This issue highlights the recipients of our recent Health, Safety & Wellbeing Awards as well as tips on winter working and the second instalment of our Sector Focus Series, written by our HSW Managers.

You will all be aware by now of our Behavioural Safety Programme. Please do take time to read the update included from Chas Bray – this is probably the most important HSW campaign Wilson James has promoted so far and both the Board and the HSW team are expecting an improvement in our accident records once this has reached our staff. Please also look out for more information on Behavioural Safety in the next issue of *Wilson James Connect*. This programme directly affects all of us and is key to achieving a safer workplace for all the Wilson James family.

The HSW team are always interested to hear of any innovation or ideas from our colleagues that have helped to improve our safety record. If you have examples of these, please do let us know by contacting us at healthandsafety@wilsonjames.co.uk

I hope you find this issue of the HSW bulletin both interesting and informative.

regards,

Darren Ward
Business Performance Director



TEAM PROFILES



Darren Ward
Business Performance Director



Chas Bray
Head of Health, Safety & Wellbeing



Sean McKeeman
Health, Safety & Wellbeing
Manager



Kathryn Sparrow
Health, Safety & Wellbeing
Manager



Shawn Kissane
Health, Safety & Wellbeing
Manager



Jake McPherson
Health, Safety & Wellbeing
Advisor



Paul Trinder
Health, Safety & Wellbeing
Advisor



Paul Compton
Health, Safety & Wellbeing
Advisor



2018 HEALTH, SAFETY & WELLBEING AWARDS

Our third annual HSW Awards were held in London recently and a small number of people were rewarded for their contributions with lunch, a cash prize and a trophy. All the winners were outstanding in their respective categories and set a great example as to what can be achieved when we do really focus on Health, Safety & Wellbeing.



Leigh Prince
RGSC
Hidden Hero

Laura Cardoso
Bothelo
Facebook
Hidden Hero

Steve Tame
Chevron
Hidden Hero

Jeff Benham
Gatwick PRM
Hidden Hero

Chris Watterson
Prudential
Best Site Improvement

Robert Newman
Fluor
Best Collaboration with Client

John Currie
BP
Wellbeing Champion

Gerald Morgan
Bid Team
Outstanding Contribution to Health, Safety & Wellbeing





THANK YOU FOR ANOTHER GREAT YEAR

Please do ensure you contribute to this event by voting for worthy colleagues when the 2019 awards are announced next summer.



BEHAVIOURAL SAFETY PROGRAMME

As you may be aware, we launched our Behavioural Safety Programme at Senior Managers Day on 16 October 2018. Since then we have carried out a total of seven Behavioural Safety Train the Trainer sessions, resulting in 64 of the Senior Management Team now trained to deliver the Behavioural Safety Training Pack across the business.

Over the next three months, every Wilson James employee will attend a Behavioural Safety Presentation, designed to improve your safety perception and understanding of unsafe acts and conditions within the working environment.

The Behavioural Safety Presentation will cover the following:

- Introductory video by Mark Dobson (CEO)
- Aim of the behavioural safety programme
- Importance of health and safety in the workplace
- Responsibilities for health and safety
- Consequences of unsafe behaviour (accidents)
- Definition and examples of unsafe conditions
- Definition and examples of unsafe acts
- Possible causes of unsafe acts
- Importance of hazard and Near Miss Reporting
- Closing address video by Gary Sullivan (Chairman)
- Confirmation test



BEHAVIOURAL SAFETY PROGRAMME

Our aim is to ensure that all staff receive this Behavioural Safety Presentation by 1 April 2019. The Senior Management team and the HSW team are fully committed to the Behavioural Safety Programme and ensuring that everybody goes home safe and healthy.

I would also like to take this opportunity to stress the importance of Hazard and Near Miss Reporting, this is a major part of ensuring that our Behavioural Safety Programme is a success. We all have a duty to report Hazards and Near Misses. I ask everybody to follow the details illustrated on our Near Miss poster found in the printable resources section.

We are also working on introducing an electronic reporting application which can be operated on your phones and tablets. This will make Near Miss and Hazard reporting quicker and more effective across the business. I hope to be able to send out a further update on this in the new year.

Let me finish by saying, that I hope you all enjoy the Behavioural Safety Presentation, we need your commitment and engagement for this to be a success. You will continue to receive updates in each Bulletin advising you on our progress towards our goal of 100% training completion across the business.

Chas Bray
Head of Health, Safety & Wellbeing



CONSTRUCTION LOGISTICS OVERVIEW



As 2018 comes to a close, I would like to mention that we have had a very positive year regarding Health, Safety and Wellbeing within the construction logistics sector.

2018 will end and 2019 will start with the continued introduction of the Wilson James Behavioural Safety Programme delivered by the Senior Management team. This programme will assist our Health and Safety performance by providing additional training and awareness across the business ensuring a reduction in accidents and an increase in near miss reporting. Feedback from all staff is very much welcomed.

There are currently 26 Wilson James construction logistics projects across the UK, with projects also in Belgium and potential work in Ireland. Lee Fisher also recently completed a very successful project in Slovakia with an excellent safety record.

In 2018 17 accidents have been recorded within the construction logistics sector, all minor with very little lost time. The accident types fell within the following categories:



Within the construction logistics sector there needs to be an increase in Near Miss / Hazards being reported, it is still an area where improvement is definitely required.



Manual Handling



Collision with Object



Sharp Edges



Struck by Moving Object



Slips, Trips or Falls



Other (Dust in Eye)

CONSTRUCTION LOGISTICS OVERVIEW

Inspection trends

The number of identified actions from site Health and Safety inspections is reducing with documentation being an aspect with room for improvement. A common non-conformity is out of date templates being used after blank forms are downloaded onto desktops – remember to download documentation from the Wilson James IMS as it is required, rather than saving templates on desktops!

Lessons learned

Please continue to ensure that any learning gained is shared within Wilson James (both good and bad) by sending anything you think may be relevant to the Health and Safety team for onward distribution.

Concerns and good practice

We will continue to hold employee safety forums on sites as we carry out inspections. Remember that if there are any concerns or good practice in relation to Health Safety and Wellbeing, this is your opportunity to raise them.

Have a great Christmas. Don't drink to excess and stay safe!

Sean McKeeman

Health, Safety & Wellbeing Manager



SECURITY AND AVIATION OVERVIEW



It has been a very busy period for the security and aviation safety team! With ABP Southampton, Plymouth, Teignmouth, Kings Lynn, Lowestoft and Ipswich going live, Jake McPherson and I have been busy assisting with the mobilisation of many projects during this period. Southampton alone has almost 500 staff and so, again, we see a big uplift in staffing levels across the sector.

We continue to monitor all recorded accidents within the security sector. The majority of accidents recorded recently have been caused again by unintentional unsafe acts (Behavioural Safety). These could have been avoided, as the working conditions reported were not contributory to the accidents. This trend reinforces the requirement for our Behavioural Safety Programme to be a success.

The main trend of accidents are broken down into the categories below:



Slips, Trips and Falls remain the major cause of minor accidents within the sector at the moment – we cannot stress strongly enough how careful staff members must be when moving around the workplace.

Near Miss and Hazard Reporting is still a priority - we have had a number of Near Misses and Hazards reported during this period, but I still need to reinforce the importance of improving our reporting of these incidents. This reporting is essential in helping us to identify trends and to enable us to put in place procedures or initiatives that can help reduce the number of accidents. We strongly encourage you all to take time to report any issues you see in the workplace.

During our inspections we are still finding Risk Assessments being presented in the redundant format. Please utilise the Wilson James IMS to ensure you have the latest revision of any forms or documentation you use on site. They are updated regularly. The training matrix also seems to be a challenge for some. Please get in touch should you need help or advice with your work or contract H&S regime...it's what we are here for!

Shawn Kissane
Health, Safety & Wellbeing Manager

GATWICK AND HEATHROW OVERVIEW



Gatwick

The team working on the PRM contract at Gatwick have had a very busy summer and have just assisted their 600,000th passenger this year, a fantastic achievement.

The accident trend at Gatwick has consistently been manual handling and over the coming months we will be working with our team to raise the bar for safety.

The construction projects at Gatwick have remained consistent and have reported zero accidents.

Heathrow

The teams working on the Heathrow construction projects have had a busy quarter with many projects finishing in the lead up to Christmas. Safety has, as always, been a focus on the sites and three of the Heathrow team were recognised by Heathrow and Mace for their hard work and attitude to safety. Well done to Andy Marion, Scott Weight and Danny Gharu!

Wilson James are active members of the Heathrow Delivery Integrator Joint Safety Group. I attend the monthly meetings with the other DI's.

I have built strong working relationships with the HAL Safety Improvement Team and the HAL Delivery Integration Director who chair the meeting and I represent Wilson James at the forums and meetings.

Wilson James supported Heathrow Airside Safety week in October taking a stand and using a Wilson James vehicle to remind colleagues of stopping distances in icy conditions. We also provide tips on ensuring vehicles are winter ready.

As the festive season approaches if you are taking a break from work try and rest, recharge your batteries, catch up on lost sleep and enjoy the break from routine. Fatigue makes it harder to concentrate on tasks and impairs a worker's judgment and decision making; this can lead to careless mistakes. Driver fatigue is also a very serious problem resulting in many thousands of road accidents each year. Research shows that driver fatigue may be a contributory factor in up to 20% of road accidents, and up to one quarter of fatal and serious accidents.

Behavioural Safety training has begun at Heathrow and Gatwick and has been well received.

Kathryn Sparrow

Health, Safety & Wellbeing Manager

MENTAL HEALTH FIRST AID

'TIS THE SEASON TO BE JOLLY GOOD TO YOURSELF

I am sure it cannot have escaped your attention that there is a lot media attention being given to the subject of mental health recently.

Be it news coverage of the escalation in reported cases of children living with mental health challenges or the number of high profile persons in sport or the Royal Family there certainly seems to be a real drive to bring awareness to mental illness in this country, and rightly so.

The statistics speak for themselves and provide some real sobering food for thought. The fact is that one in four people will experience a mental health problem each year in this country. Mental illness can strike anyone; it doesn't matter what background you are from, whether you are rich, poor, large, small, male, female, black, white, pink or green... We are all susceptible to being blue.

Of course some people are more at risk of experiencing mental illnesses but no one is immune and there are times in everyone's life where they will experience debilitating levels anxiety or stress. Sometimes this is brought on by trauma but more often than not and there are some choices we can all make to help improve our resilience.



Not all stress is bad, in fact stress is an important part of our defence system. It is when it starts affecting our lives to the point that it is stopping us from doing things we want to do that it is time to seek help.

Lifestyle has a huge part to play in how well we cope with those difficult times and our mental wellbeing relies largely on the healthy choices we make. It is no coincidence that excessive alcohol and other mind altering substances affect our mood, I am sure we've all felt ratty, tired, reclusive and low after a big night. These can also be symptoms of mental illness.

One of the main problems with excessive alcohol intake is that regular consumption of alcohol changes the chemistry of the brain. It decreases the levels of the brain chemical serotonin – a key chemical in depression. As a result of this depletion, a cyclical process begins where one drinks to relieve depression, which causes serotonin levels in the brain to be depleted, leading to one feeling even more depressed, and thus necessitating even more alcohol to then medicate this depression.

At this time of year, with the festive season upon us, it can seem that there are endless opportunities to drink but we really should be moderating this to maintain our mental health. By all means enjoy the party just make sure you are kind to yourself too.

MENTAL HEALTH FIRST AID

Wilson James is fully committed to helping all of our staff thrive and we want you all to feel happy and content. Happiness goes well beyond our work lives of course, but the reality is that we all spend much of our waking hours at work and often it is our work colleagues who might notice a change in us that could be hinting at an underlying problem.

This is why we as a business have embarked on the journey of training members of staff to become Mental Health First Aiders. In November of this year, several of the Wilson James family from across the country, attended a two-day course delivered by our charity partner MIND to learn how to help people in distress. These team members are there to support every one of us. Hopefully you will see some familiar faces amongst the First Aiders who you'll know as being dignified and approachable.

Their contact details will be made available soon should you wish to contact them. Please however be mindful that similarly to physical first aid, the team are there to help but are not psychiatric professionals, but these will be able to help you find the support you need. And you are reminded of the following resources that are there for you to use if you feel you are struggling.



These include:

Employee Assistance Programme - 845 1201 421 (quote.72016)
Mind - 0300 123 3393
Samaritans - 116 123

The biggest message our Mental Health First Aiders want to share with you however is that if you do suspect that one of your colleagues is suffering the best thing you can do is ask them how they are feeling... twice! And then listen to the answer. Help is available, you are not alone.

People struggling with mental health problems are vulnerable. Please be kind, don't just offer advice, often they just want your support and encouragement.

Gerald Morgan

Head of Pre-construction - Construction Logistics

TURN THOSE JANUARY BLUES RED!



“If you’re looking for ways to boost your physical and mental health this January and keep motivated during a characteristically tough month, why not sign up to RED January 2019!”

RED January is a month-long community initiative where the aim is to get active every day to support your mental health. Whether it’s running 5k, or walking to work a new way, a morning swim or just taking your bike for a spin – the choice is yours! All achievements are celebrated no matter how big or small and the RED community will be with you every step of the way.

If you or your site teams are interested in signing up there will be more information on the Wilson James employee newsfeed.



HEALTHY EATING NINE TOP TIPS

These nine practical tips cover the basics of healthy eating, and can help you make healthier choices.

The key to a healthy diet is to:

Eat the right amount of calories for how active you are, so that you balance the energy you consume with the energy you use. If you eat or drink too much, you'll put on weight. If you eat and drink too little, you'll lose weight.

Eat a wide range of foods to ensure that you're getting a balanced diet and that your body is receiving all the nutrients it needs.

It is recommended that men have around 2,500 calories a day (10,500 kilojoules). Women should have around 2,000 calories a day (8,400 kilojoules). Most adults are eating more calories than they need.



01. Base your meals on starchy carbohydrates

Starchy carbohydrates should make up just over one third of the food you eat. They include potatoes, bread, rice, pasta and cereals. Choose wholegrain varieties (or eat potatoes with their skins on) when you can: they contain more fibre and can help you feel full for longer.

Most of us should eat more starchy foods: try to include at least one starchy food with each main meal. Some people think starchy foods are fattening, but gram for gram the carbohydrates they contain provides fewer than half the calories of fat. Keep an eye on the fats you add when you are cooking or serving these types of foods because that's what increases the calorie content, for example oil on chips, butter on bread and creamy sauces on pasta.



HEALTHY EATING

NINE TOP TIPS

02. Eat lots of fruit and vegetables

It is recommended that we eat at least five portions of a variety of fruit and veg every day. It's easier than it sounds. Why not chop a banana over your breakfast cereal, or swap your usual mid-morning snack for a piece of fresh fruit?

Unsweetened 100% fruit juice, vegetable juice and smoothies can only ever count as a maximum of one portion of your FIVE A DAY. For example, if you have two glasses of fruit juice and a smoothie in one day, that still only counts as one portion.



03. Eat more fish – including a portion of oily fish

Fish is a good source of protein and contains many vitamins and minerals. Aim to eat at least two portions of fish a week, including at least one portion of oily fish. Oily fish contains omega-3 fats, which may help to prevent heart disease.

Oily fish include:

- Salmon
- Mackerel
- Trout
- Herring
- Sardines
- Pilchards

If you regularly eat a lot of fish, try to choose as wide a variety as possible. You can choose from fresh, frozen and canned: but remember that canned and smoked fish can be high in salt.

HEALTHY EATING

NINE TOP TIPS

04. Cut down on saturated fat

We all need some fat in our diet, but it's important to pay attention to the amount and type of fat we are eating. There are two main types of fat: saturated and unsaturated. Too much saturated fat can increase the amount of cholesterol in the blood, which increases your risk of developing heart disease.

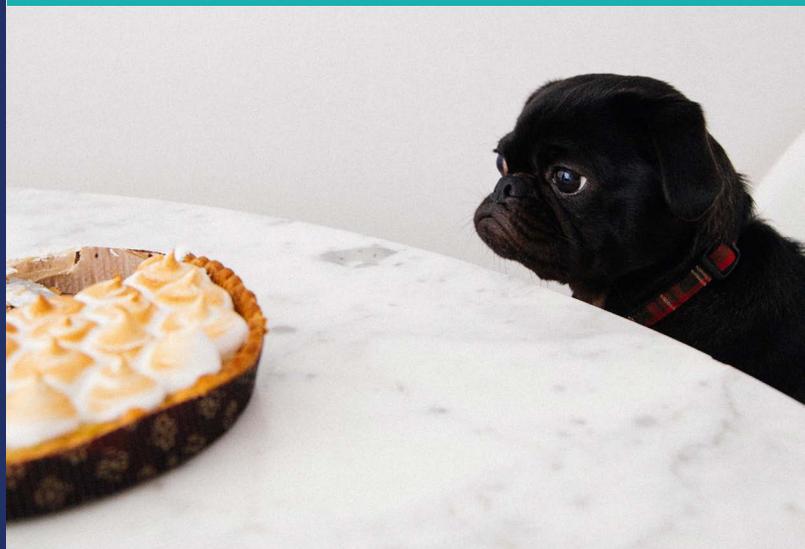
The average man should have no more than 30g saturated fat a day. The average woman should have no more than 20g saturated fat a day, and children should have less than adults.

Saturated fat is found in many foods, such as:



Try to cut down on your saturated fat intake, and choose foods that contain unsaturated fats instead, such as vegetable oils, oily fish and avocados.

For a healthier choice, use just a small amount of vegetable oil or reduced-fat spread instead of butter, lard or ghee. When you're having meat, choose lean cuts and cut off any visible fat.



HEALTHY EATING

NINE TOP TIPS

05. Cut down on sugar

Regularly consuming foods and drinks high in sugar increases your risk of obesity and tooth decay.

Sugary foods and drinks, including alcoholic drinks, are often high in energy (measured in kilojoules or calories), and if eaten too often, can contribute to weight gain. They can also cause tooth decay, especially if eaten between meals.

Many packaged foods and drinks contain surprisingly high amounts of free sugars. Free sugars are any sugars added to foods or drinks, or found naturally in honey, syrups and unsweetened fruit juices.

Cut down on:



These foods contain added sugars: this is the kind of sugar we should be cutting down on, rather than sugars that are found in things such as fruit and milk.

Food labels can help: use them to check how much sugar foods contain. More than 22.5g of total sugars per 100g means that the food is high in sugar, while 5g of total sugars or less per 100g means that the food is low in sugar.



HEALTHY EATING

NINE TOP TIPS

06. Eat less salt

Eating too much salt can raise your blood pressure. People with high blood pressure are more likely to develop heart disease or have a stroke. Even if you don't add salt to your food, you may still be eating too much. About three-quarters of the salt we eat is already in the food we buy, such as breakfast cereals, soups, breads and sauces.

Use food labels to help you cut down. More than 1.5g of salt per 100g means the food is high in salt. Adults and children over 11 should eat no more than 6g of salt (about a teaspoonful) a day. Younger children should have even less.



07. Don't get thirsty

We need to drink plenty of fluids to stop us getting dehydrated – the government recommends six to eight glasses every day. This is in addition to the fluid we get from the food we eat. All non-alcoholic drinks count, but water and lower-fat milk are healthier choices.

Try to avoid sugary soft and fizzy drinks that are high in added sugars and calories and are also bad for teeth. Even unsweetened fruit juice and smoothies are high in free sugar. Your combined total of drinks from fruit juice, vegetable juice and smoothies should not be more than 150ml a day – which is a small glass.

For example, if you have 150ml of orange juice and 150ml smoothie in one day, you'll have exceeded the recommendation by 150ml.

When the weather is warm, or when we get active, we may need more fluids.

6-8
GLASSES



HEALTHY EATING

NINE TOP TIPS

08. Get active and be a healthy weight

Eating a healthy, balanced diet plays an essential role in maintaining a healthy weight, which is an important part of overall good health.

Being overweight or obese can lead to health conditions such as type two diabetes, certain cancers, heart disease and stroke. Being underweight could also affect your health. Check whether you are a healthy weight by using a healthy weight calculator; one is available on the NHS website.

www.nhs.uk/live-well/healthy-weight/height-weight-chart/

Most adults need to lose some weight, and need to eat fewer calories to do this. If you're trying to lose weight, aim to eat less and be more active. Eating a healthy, balanced diet will help: aim to cut down on foods that are high in saturated fat and sugar and eat plenty of fruit and vegetables.

Don't forget that alcohol is also high in calories, so cutting down can help you to control your weight.



Physical activity can help you to maintain weight loss or be a healthy weight.

Being active does not have to mean hours at the gym; you can find ways to fit more activity into your daily life. For example, try getting off the bus one stop early on the way home from work, and walking.

Being physically active may help reduce the risk of heart disease, stroke and type two diabetes.

After getting active, remember not to reward yourself with a treat that is high in energy. If you feel hungry after activity, choose foods or drinks that are lower in calories, but still filling.

If you are worried about your weight, ask your GP or a dietitian for advice.

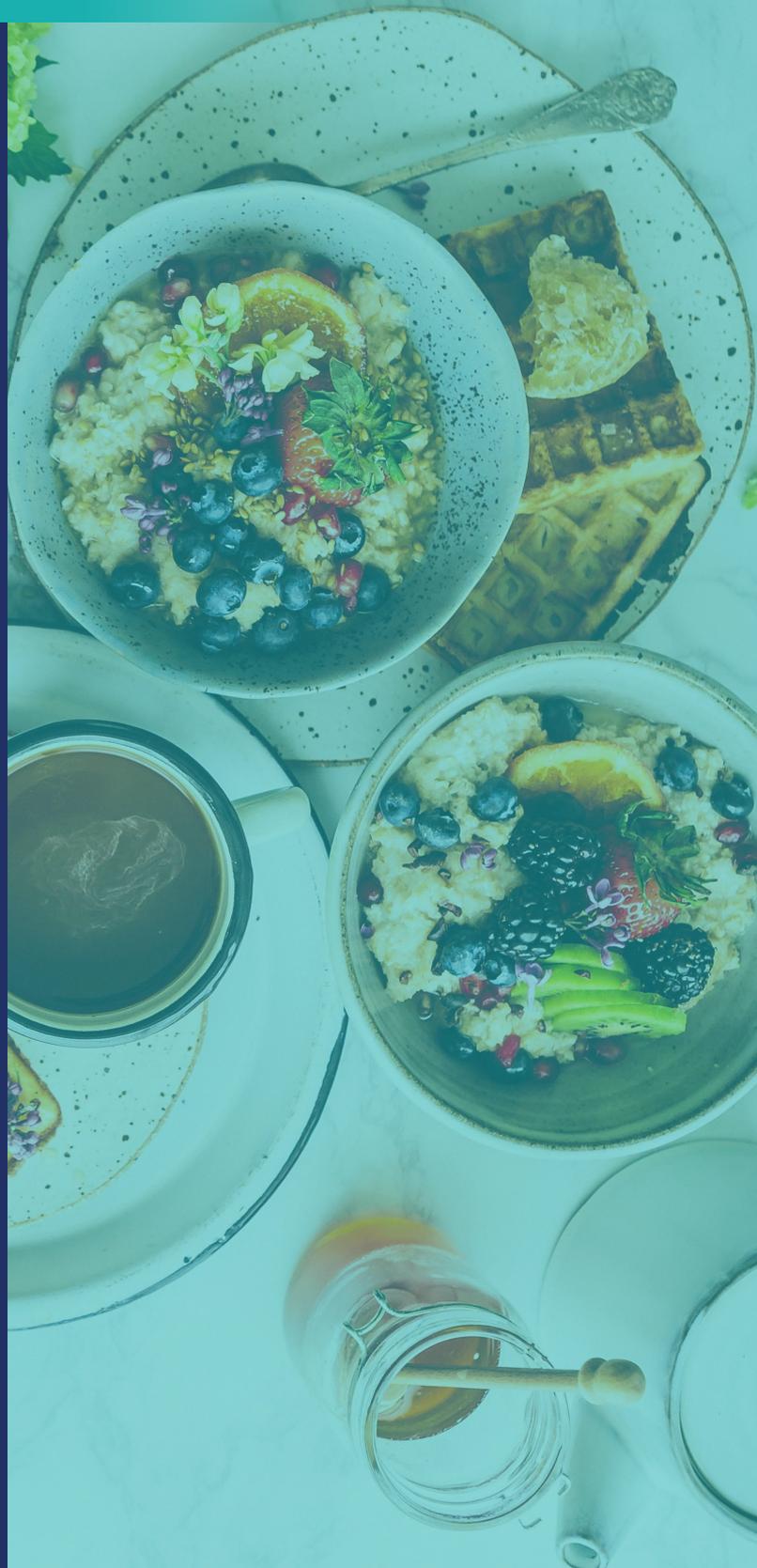


HEALTHY EATING

NINE TOP TIPS

09. Don't skip breakfast

Some people skip breakfast because they think it will help them lose weight. In fact, research shows that people who regularly eat breakfast are less likely to be overweight. Breakfast has also been shown to have positive effects on children's mental performance and increase their concentration throughout the morning.



FIRE PREVENTION AND VAPE ADVICE

Fire Prevention following explosion of e-cigarette lithium batteries

Following a number of incidents involving Vape batteries “exploding” in users’ pockets, please observe the following guidelines to prevent fire and personal injury:

Never keep loose e-cigarette batteries in your pocket, particularly next to keys or coins – they are more likely to cause fire.

Ensure that vapes are not left charging for long periods of time.

Never leave e-cigarettes plugged in overnight or whilst away from your desk.

Always keep spare lithium batteries for e-cigarettes in protective cases and never unprotected in a bag or a pocket.

Do not use counterfeit batteries or e-cigarette charges. Look out for the mark that indicates chargers comply with European Safety Standards.

Kathryn Sparrow
Health, Safety & Wellbeing Manager



HEALTH, SAFETY AND WELLBEING CALENDAR 2019

2019	January	February	March	April	May	June	July	August	September	October	November	December
HSW Initiatives	<p style="text-align: center;">Time for Safety Briefings & Behavioural Safety Programme</p> <p>To include:</p> <ul style="list-style-type: none"> • Time for Safety Briefings (6 Commitments) • Behavioural Safety Programme (presentations to all staff) • Importance of reporting near misses and hazards (electronic appliance introduction tbc) • Selection of further health and safety champions • Worker engagement and safety ownership 											
Health & Safety Action Group Meetings (Safety Team & invited H&S Champions)	To be held at City Office (Tue 29th January)	To be held at LCCC (Wed 27 th February)	To be held at the CLC (Wed 27 th March)	To be held at City Office (Invitations TBC)	To be held at LCCC (Invitations TBC)	To be held at the CLC (Invitations TBC)	To be held at City Office (Invitations TBC)	To be held at LCCC (Invitations TBC)	To be held at the CLC (Invitations TBC)	To be held at City Office (Invitations TBC)	To be held at LCCC (Invitations TBC)	To be held at the CLC (Invitations TBC)
Sector Health & Safety Action Group Meetings	Security Google/Facebook Construction Google Aviation Heathrow Airport	Security Tate Construction Leicester Square Aviation Gatwick Airport	Security HS2 Construction LCCC Aviation Luton Airport	Security TBC Construction TBC Aviation TBC	Security TBC Construction TBC Aviation TBC	Security TBC Construction TBC Aviation TBC	Security TBC Construction TBC Aviation TBC	Security TBC Construction TBC Aviation TBC	Security TBC Construction TBC Aviation TBC	Security TBC Construction TBC Aviation TBC	Security TBC Construction TBC Aviation TBC	Security TBC Construction TBC Aviation TBC
Toolbox Talks Safety Briefings (Monthly Subject)	Slips/Trips & Falls	PPE Compliance	Manual Handling	Occupational Health (UK Construction Safety Week)	Slips/Trips & Falls	General Wellbeing	Working in Hot Weather (Heat Stroke)	Slips/Trips & Falls	General Wellbeing	Manual Handling	Working in icy conditions (Dark Nights)	Drink/Driving Safety over the Festive Period

HEALTH, SAFETY AND WELLBEING CALENDAR 2019

2019	January	February	March	April	May	June	July	August	September	October	November	December
MIND (Mental Health) Awareness Briefings		Time to Talk Awareness Briefings (HSW)	Women's Health Awareness Briefing (HSW)	Stress Awareness Briefing (HSW)	Mental Health Awareness Briefings (HSW)	Men's Health Awareness Briefing (HSW)			Suicide Awareness Briefing (HSW)	Mental Health Awareness Briefings (HSW)	Stress Awareness Briefing (HSW)	Alcohol Awareness Briefing (HSW)
National Awareness Days		Children's Mental Health Week 4 th – 10 th Mental Health Time To Talk Day 7 th	International Women's Day 8 th March	World Stress Awareness Month Walk to Work Day 3 rd World Health Day 7 th	Skin Cancer Awareness Month National Children's Day 12 th Mental Health Awareness Week 13 th	World Environment Day 5 th Men's Health Week 10 th Breathe Easy Week 17 th			World Suicide Prevention Day 10 th National Recycling Week 23rd	World Mental Health Day 10th	National Stress Awareness Week 4 th Alcohol Awareness Week 18 th Road Safety Week 19 th	Christ Jumper Day 14th
HSW Health Campaigns	NATIONAL CAMPAIGN EVENTS											
	1. Construction Safety Week - May 2. UK Health & Safety Week - June 3. Euro Safety Week - October 4. Road Safety Week - November											
HSW Newsletter				HSW Newsletter				HSW Newsletter				HSW Newsletter
HSW Annual Awards							Nominations				Annual Awards	
HSW Roadshows	To be scheduled for 2019 (Dates & Locations TBC)											

ARE YOU REPORTING NEAR MISSES ?



NEAR MISS?



REPORT

NEAR MISS REPORTING IS A CRITICAL STEP IN ACCIDENT PREVENTION

WHAT IS A NEAR MISS?

A near miss is any unplanned event or chain of events in which personal injury or damage to property/plant or equipment has only been avoided by chance!

EXAMPLES OF A NEAR MISS?

- Material falling from height (No injury)
- Collision with moving object (No injury)
- Slipping/tripping over materials (No injury)
- Gloves caught under materials when manual handling (No injury)

ALL NEAR MISS INCIDENTS MUST BE REPORTED

TO YOUR MANAGER/SUPERVISOR AS SOON AS POSSIBLE

For more information or guidance on near miss reporting please email the Health & Safety Team at healthandsafety@wilsonjames.co.uk



Wilson James



WJ_Ltd



WJLtd

www.wilsonjames.co.uk